



**Native American Health Center**  
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The Urban Trails project is a **unique and innovative partnership between the Native American Health Center and the City of Oakland Department of Human Services** that embodies the principles of systems reform. The **major benefits** from reform efforts will be improved access to resources to meet the needs of Native American youth in Alameda County and a better understanding of the needs of urban Indians.

The **goal** of Urban Trails is to implement a system of care for Severely Emotionally Disturbed (SED) or at-risk for SED Native American children and their families. This goal involves a commitment from families, youth, community members, non-profit community-based organizations, and public agencies in creating a continuum of care. Native American Health Center's system of care ranges from early intervention to treatment and links mental health, substance abuse, medical, and social services. Our **objectives** are to:

- Develop a system of care infrastructure for SED or at-risk for SED children and their families.
- Build strong linkages with mainstream systems serving SED or at-risk for SED children and their families.
- Expand capacity of Native American programs to serve SED or at risk for SED children and their families.
- Develop sustainability for system of care by the end of the sixth year of funding.

The **target population** for Urban Trails program is **Native Americans ages 0-21** who are at risk for SED or who have been diagnosed under the DSM-IV or ICD-9. The Urban Trails treatment team will offer case-management services that support youth unable to function in the family, school, or community. The Urban Trails team will create partnerships with other community-based service agencies to assist the mental health, education, child welfare, juvenile justice, substance abuse, and public health systems as well as facilitate successful client completions of these programs.

In our system, **treatment** consists of access to a comprehensive array of **in-house services**: case management, individual substance abuse and mental health counseling, Traditional healing, group therapy, recreational activities, community events, and individualized service planning with family involvement, if needed. Treatment also includes **interagency coordination** to create referral systems and linkages with early identification and prevention services. Our development strategy is based on community mobilization, self-help, empowerment, and Native American culture.

All Urban Trails **services will be offered at no cost** to the child and family. This program is **open to all children, regardless of ethnicity**. Native American Health Center is eager to help connect public and private mental health, substance abuse, medical and social services agencies in the greater Bay Area.

For further information on Urban Trails, please contact:

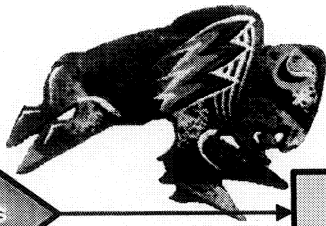
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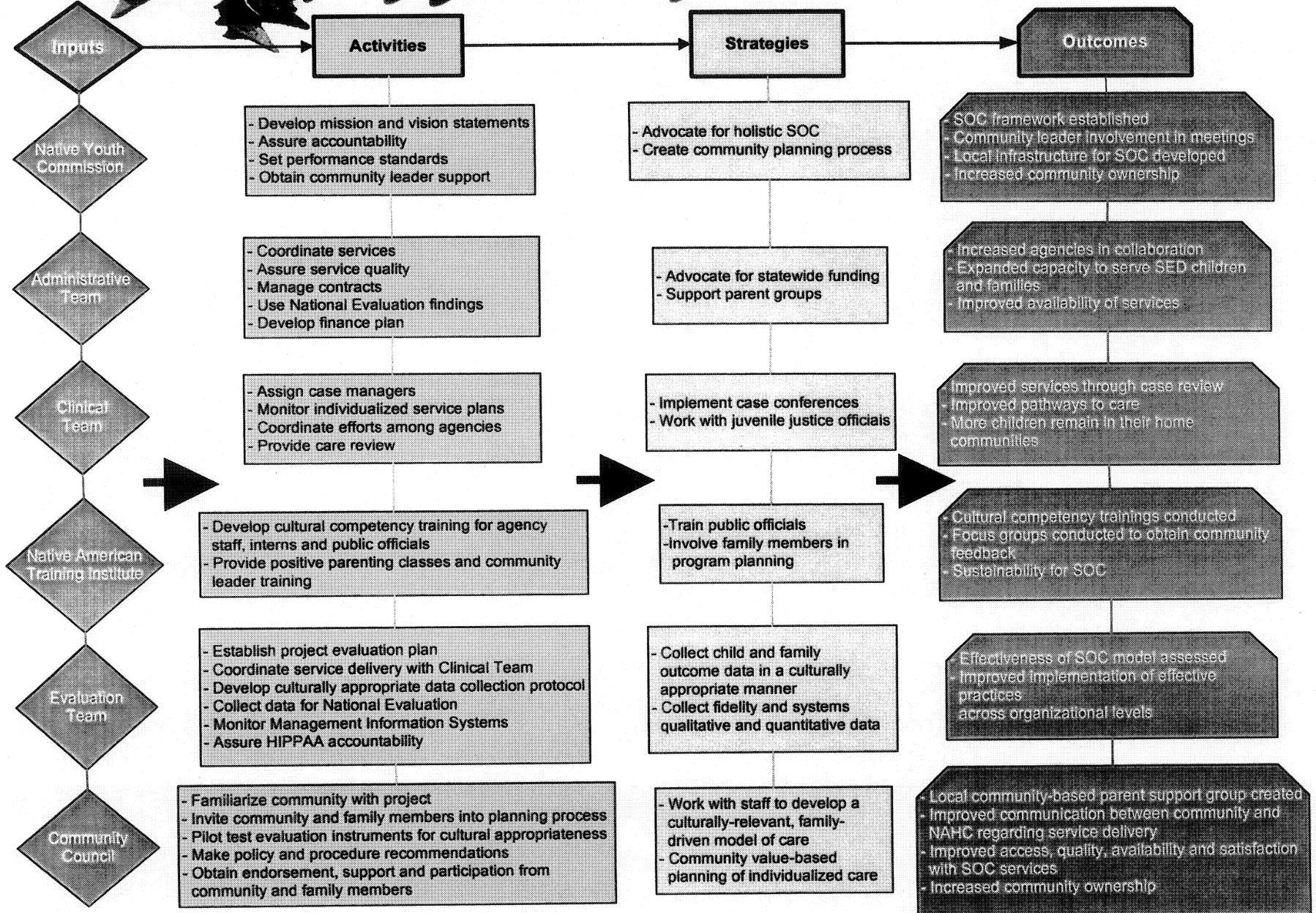
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# Urban Trails



Native American Health Center



Logic Model